

# COMPREHENSIVE SEXUAL HEALTH RESOURCES

(Based on the Middle School Curriculum 2021 Edition)

- National Human Trafficking Hotline: **1-888-373-7888** or <https://humantraffickinghotline.org>
- National Runaway Hotline: **1-800-RUNAWAY** or [www.1800runaway.org](http://www.1800runaway.org)
- National Sexual Assault Hotline: **1-800-656-HOPE (4673)** or [online.rainn.org](http://online.rainn.org)
- California Youth Crisis Line: **1-800-843-5200** or <https://calyouth.org>
- Family Planning Services:
  - BCSD Wellness Centers: <https://ca50000780.schoolwires.net/page/503>
  - Family PACT: [www.familypact.org](http://www.familypact.org)
- HIV/STI Testing: **1-800-CDC-INFO** or <https://gettested.cdc.gov/>

## Web-based Resources:

- Planned Parenthood: [www.plannedparenthood.org](http://www.plannedparenthood.org)
- Teen Source: [www.teensource.org](http://www.teensource.org)
- SEX Etc.: [www.sexetc.org](http://www.sexetc.org)
- GAY-STRAIGHT Alliance: [www.gaystraightalliance.org](http://www.gaystraightalliance.org)
- PFLAG: [www.pflag.org](http://www.pflag.org)
- Afraid to Ask: [www.afraidtoask.com](http://www.afraidtoask.com)
- I Wanna Know: [www.iwannaknow.org](http://www.iwannaknow.org)
- Advocates for Youth: [www.advocatesforyouth.org](http://www.advocatesforyouth.org)



United Way of Kern County

# RECURSOS PARA LA SALUD SEXUAL

(Basado en la edición 2021 del plan de estudios de la escuela secundaria)

- Línea directa nacional contra la trata de personas: **1-888-373-7888** ó <https://humantraffickinghotline.org>
- Línea directa nacional para fugitivos: **1-800-RUNAWAY** ó [www.1800runaway.org](http://www.1800runaway.org)
- Línea directa nacional de agresión sexual: **1-800-656-HOPE (4673)** ó [online.rainn.org](http://online.rainn.org)
- Línea de crisis juvenil de California: **1-800-843-5200** ó <https://calyouth.org>
- Servicios de planificación familiar:
  - Centros de bienestar de BCSD: <https://ca50000780.schoolwires.net/page/503>
  - PACT familiar: <https://familypact.org/es/>
- Pruebas de VIH/ETS: **1-800-232-4636** ó [gettested.cdc.gov/es](https://gettested.cdc.gov/es)

## Recursos basados en la web:

- Planned Parenthood: [www.plannedparenthood.org](http://www.plannedparenthood.org)
- Teen Source: [www.teensource.org](http://www.teensource.org)
- SEX Etc.: [www.sexetc.org](http://www.sexetc.org)
- GAY-STRAIGHT Alliance: [www.gaystraightalliance.org](http://www.gaystraightalliance.org)
- PFLAG: [www.pflag.org](http://www.pflag.org)
- Afraid to Ask: [www.afraidtoask.com](http://www.afraidtoask.com)
- I Wanna Know: [www.iwannaknow.org](http://www.iwannaknow.org)
- Advocates for Youth: [www.advocatesforyouth.org](http://www.advocatesforyouth.org)



United Way of Kern County